



CHANCES Dissemination Workshop

HEALTHY AGEING: DEFINITION, RISK FACTORS AND IMPLICATIONS FOR PUBLIC HEALTH: THE CHANCES PROJECT EXPERIENCE

*MEGARON – The Athens Concert Hall
MC3 Hall*

Athens, Greece

January 23, 2015

<i>Friday, 23rd January 2015</i>		
Time	Topic	Speaker / Panel Chair
9:00 - 9:10	Opening of the Workshop	A. Trichopoulou <i>Hellenic Health Foundation (HHF)</i>
9:10 - 9:40	European Innovation Partnership on Active and Healthy Ageing	M. van den Berg <i>European Commission</i>
9:40 - 10:00	Setting up CHANCES	P. Boffetta <i>Hellenic Health Foundation (HHF)</i>
10:00 - 10:30	CHANCES networking: Implications for future research	K. Kuulasmaa <i>National Institute for Health and Welfare (THL)</i>
10:30 - 11:10	Coffee break and posters	
11:10 - 13:20	Results from the CHANCES projects	
11:10 - 11:20	Vitamin D and all-cause mortality in older adults	B. Schöttker <i>German Cancer Research Center (DKFZ)</i>
11:20 - 11:30	Self-perceived health & mortality among the elders	C. Bamia <i>Hellenic Health Foundation (HHF)</i>

11:30 - 11:40	Healthy ageing through a healthy diet-Never too old to eat healthy?!	N. Jankovic Wageningen University (WU) Institut für Medizinische Informatik, Biometrie und Epidemiologie (IMIBE)
11:40 – 11:50	Years of life lost due to premature mortality and disability because of cancer (DALYs)	K. Tsilidis Hellenic Health Foundation (HHF)
11:50 - 12:00	Biomarkers of ageing and disease	E. Jansen National Institute for Public Health and the Environment (RIVM)
12:00 - 12:20	<ul style="list-style-type: none"> ▪ The role of common lipid-altering gene variants in the risk of dyslipidemia through old age (<i>recorded presentation</i>) ▪ Overview of the role of telomere length in the ageing process 	C. van Duijn Erasmus MC I. de Vivo Harvard School of Public Health
12:20 - 12:30	The association of the Herpes simplex infection with the risk of Alzheimer’s disease among the elderly	I. Bergdahl Umeå University
12:30 - 12:50	Development of a common Health Tool for the assessment of health and ageing-related outcomes in Europe	M. Bobak University College London (UCL)
12:50 - 13:20	Further results of the CHANCES project (Round Table) <ul style="list-style-type: none"> - Smoking and cardiovascular disease in older adults - Cognitive decline in older adults - The effects of education, marital status and other factors on the risk of hip fracture in older men and women 	<u>Chair:</u> A. Trichopoulou DKFZ - U. Mons HHF - M. Katsoulis UoA - Ph. Orfanos
13:20 - 14:30	Lunch break and posters	
14:30 - 15:00	Panel discussion for CHANCES results	
15:00 - 15:15	Nutrition Policy for the elders - the experience of France	M. Chauliac Direction générale de la santé
15:15 - 15:30	Social networking among the elders - the experience of Finland	T. Niiranen National Institute for Health and Welfare (THL)



15:30 - 15:45	Increasing physical activity among the elders - the experience of Slovenia	M. Gabrijelcic <i>National Institute of Public Health</i>
15:45 - 16:00	Coffee break and posters	
16:00 - 16:45	Session: Bringing together researchers and policy makers	<u>Chair:</u> D. Boumpas <i>University of Athens (UoA)</i>
16:00 - 16:10	- <i>What should research focus on, with respect to the elderly "phenomenon" from a Public Health perspective?</i>	H. Brenner <i>German Cancer Research Center (DKFZ)</i>
16:10 - 16:30	- <i>The impact of ongoing studies on healthy ageing</i>	Miguel A. Martínez-Gonzalez <i>University of Navarra</i>
16:30 - 16:45	- <i>The role of research funding bodies</i>	D. Boumpas <i>University of Athens (UoA)</i>
16:45 - 17:15	Summing Up & Workshop Closure	